

Regular House Cleaning Checklist

Routine cleaning for a comfortable, well-maintained home

Regular cleaning maintains occupied homes on an agreed weekly, fortnightly or other schedule. It covers commonly used rooms, accessible surfaces and normal household cleaning. It is not a deep or spring clean. Tasks depend on the confirmed scope, property condition, booked time and customer priorities.

Kitchen	Bedrooms
✓ Wipe accessible benchtops and work surfaces ✓ Clean the sink and taps ✓ Wipe accessible splashback areas ✓ Wipe the cooled stovetop surface ✓ Wipe accessible appliance exteriors ✓ Spot-wipe cupboard and drawer fronts ✓ Wipe a clear dining table or breakfast bar ✓ Empty the regular kitchen rubbish bin (on request) ✓ Vacuum and mop accessible floor areas Heavy grease, burnt-on residue and appliance interiors require separate booking.	✓ Dust accessible furniture and surfaces ✓ Wipe bedside tables and furniture tops ✓ Dust accessible window sills and ledges ✓ Straighten bed covers where practical ✓ Lightly tidy cushions without reorganising belongings ✓ Empty regular bedroom rubbish bins (on request) ✓ Vacuum accessible carpet, rugs and floors ✓ Mop accessible hard floors Changing bed linen is completed only when included in the agreed scope.
Bathrooms and Toilets	Living and Dining Areas
✓ Clean and sanitise toilets ✓ Clean basins, vanities and taps ✓ Clean accessible shower surfaces and fittings ✓ Clean the bath and surrounding surfaces ✓ Wipe mirrors and accessible splash areas ✓ Spot-wipe cupboard and drawer fronts ✓ Empty bathroom rubbish bins (on request) ✓ Vacuum and mop accessible floor areas Hard-water staining, mould treatment and restoration work require a separate assessment.	✓ Dust accessible furniture, shelves and ledges ✓ Wipe accessible tables and furniture surfaces ✓ Dust accessible window sills ✓ Straighten cushions and light furnishings ✓ Remove reachable cobwebs where observed ✓ Empty regular household rubbish bins (on request) ✓ Vacuum accessible carpet, rugs and floors ✓ Mop accessible hard floors Detailed upholstery cleaning and moving heavy furniture are not included.
Laundry	Hallways, Stairs and Common Areas
✓ Wipe accessible benchtops ✓ Clean the laundry sink or tub ✓ Wipe taps and accessible splash areas ✓ Wipe washing machine and dryer exteriors ✓ Vacuum and mop accessible floor areas Laundry washing, folding and ironing are not included unless arranged separately.	✓ Dust accessible ledges and entry furniture ✓ Wipe accessible handrails where required ✓ Remove reachable cobwebs where observed ✓ Vacuum accessible carpeted areas and stairs ✓ Mop accessible hard floors ✓ Lightly clean the main entry area

General Household Tasks

- ✓ Lightly dust accessible surfaces
- ✓ Wipe commonly used handles and light switches
- ✓ Spot-wipe light marks from accessible doors
- ✓ Empty normal household rubbish bins
- ✓ Replace bin liners when suitable liners are available
- ✓ Vacuum accessible rugs, carpets and floor areas
- ✓ Mop accessible hard floors
- ✓ Clean around items where access is available

Cleaners do not move heavy furniture, large appliances or unsafe items.

Your Cleaning Scope

Included Only When Agreed	Optional Add-Ons
✓ Changing bed linen or making multiple beds ✓ Cleaning inside the microwave ✓ Washing a small number of dishes or loading the dishwasher ✓ Detailed skirting boards, doors or door frames ✓ Wall spot cleaning ✓ Additional attention to pet hair ✓ Vacuuming accessible upholstery ✓ Office, study, extra lounge or additional room ✓ Additional bathroom or separate toilet ✓ Rotating selected detailed tasks between visits ✓ Specific priorities within the booked time Additional time and charges may apply.	+ Inside oven cleaning + Rangehood and filter cleaning + Inside fridge, freezer or dishwasher + Cupboard and drawer interiors + Detailed wall, ceiling or fly-spot cleaning + Heat pump filter cleaning + Interior or exterior window cleaning + Carpet cleaning + Upholstery or mattress cleaning + Garage cleaning or house washing + Bed-sheet changing, laundry folding or ironing + Rubbish removal by prior arrangement + Additional rooms outside the regular plan Request add-ons in advance so time and price can be confirmed.

Not Included in Regular Cleaning	
✗ Deep or restorative cleaning ✗ Guaranteed removal of stains, mould, odours, hard-water marks or damage ✗ Heavy grease or burnt-on residue removal ✗ Full wall or ceiling washing ✗ Appliance, cupboard, wardrobe or drawer interiors ✗ Carpet shampooing or detailed upholstery cleaning ✗ Exterior windows or house washing	✗ Cleaning at unsafe heights ✗ Moving heavy furniture or appliances ✗ Moving valuable, fragile or unsafe items ✗ Decluttering or organising belongings ✗ Large-volume rubbish removal ✗ Hazardous waste, bodily fluids, pest waste or unsafe contamination ✗ Outdoor areas, sheds, garages or decks unless separately booked

Customer Preparation	Important Service Notes
□ Confirm access instructions □ Ensure water and electricity are available □ Clear floors and cleaning surfaces where practical □ Remove or wash dishes where possible □ Secure pets or provide clear instructions □ Store valuables and important documents safely □ Identify fragile items and sensitive surfaces □ Advise of alarms, access restrictions or hazards □ Report damaged or loose surfaces □ Confirm priority areas and request extras in advance Heavy clutter, unexpected conditions or extra requests may reduce the planned tasks completed within booked time.	Schedule: We agree the regular day and time and aim to keep it, subject to public holidays, staff illness, access issues or unavoidable changes. First visit: Heavier build-up may require extra time or a deep clean. Booked time: The team works within the confirmed scope and time. Priority areas are completed first. Extra time requires approval. Flexibility: There is no long-term lock-in. Services may be paused, rescheduled, changed or cancelled with reasonable notice. Quality: Feedback, service notes and team communication support consistency. Where needed, we may visit to review quality and scope. Concerns: Report service concerns within 48 hours for review under the service guarantee.

Final scope confirmation: The confirmed cleaning scope depends on the selected plan, property condition, booked time and agreed priorities. Request additional services in advance so enough time can be scheduled and pricing confirmed.

Cleaning Doctor Limited - Hamilton, Cambridge, Te Awamutu and selected nearby Waikato areas - 0800 555 440 - cleaningdoctor.co.nz